



OUR STORY

Jon and Jotham started Riser+Tread in 2019 with one mission: To help youth/male clients Step Up + Move Forward in their lives through a combination of therapy and coaching.

Having known each other since 2015, they had many discussions about the need to build something larger than themselves to address this blind spot in the field, as too few mental health professionals focus their work or have expertise in this area.

As of 2025, the Riser+Tread team of 35+ people has helped over 10,000 clients in Greater Boston.



RISER+TREAD